**🔑 Difference Between Cookies and Sessions**

| **Feature** | **Cookies 🍪** | **Sessions 📦** |
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| **Storage Location** | Stored on the **client-side** (user’s browser). | Stored on the **server-side**. |
| **Data Size** | Can only store **small data** (usually 4KB). | Can store **larger data** since it’s on the server. |
| **Security** | Less secure because data is visible in the browser and can be modified. | More secure because data is stored on the server. |
| **Lifetime** | Can persist for days, weeks, or until manually deleted. | Exists until the browser is closed or session times out. |
| **Use Case** | Remembering user preferences (e.g., theme, language, login "Remember me"). | Storing sensitive information like authentication details while the user is logged in. |
| **Dependency** | Works even without a server (just in browser). | Needs a server to manage session data. |

👉 **In short:**

* **Cookies** = small text files saved in the browser.
* **Sessions** = temporary storage on the server, safer for sensitive data.